

PSHE GROUP TUTORIALS: Y12

The tutorial programme at Stoke Studio College is designed to work alongside and complement the one to one coaching programme. Its aims are to ensure all students can:

- Develop effective and meaningful communication skills
- Build effective and positive relationships with others
- Take ownership of their own learning
- Be aware of and uphold clear standards for positive behaviour
- Develop relevant study skills including the ability to plan, execute and reflect
- Access additional support available in the college for achievement and progression
- Recognise the importance of equality and diversity and core British values
- Understand and contribute to the health, safety and well-being of themselves and others
- Identify and own appropriate goals and targets for development and achievement
- Review goals and targets from an informed perspective
- Make a positive contribution to the college and wider community
- Identify and select appropriate progression routes
- Enjoy the learner experience
- Develop transferable skills to enhance progression and employability

TERM 1.1

Week/ Date	Topic	Content / Activities	CREATE Links	PSHE / Key Skills Development
1	<i>Induction Week</i>		•	•
2	<i>CREATE Framework</i>	Students are introduced to the CREATE framework and will complete self-assessments for all 6 skill areas.	<ul style="list-style-type: none"> • Communication • Relating to Others • Enterprise • Applied • Thinking • Emotional Intelligence 	<ul style="list-style-type: none"> • Literacy • Goal setting
3	<i>Birmingham City University</i>	Guest speaker will deliver presentation to students about higher education, construction and engineering careers and what admissions tutors are looking for.	<ul style="list-style-type: none"> • Relating to Others • Applied • Thinking • Emotional Intelligence 	<ul style="list-style-type: none"> • Employability
4	<i>Summarising and Study Skills</i>	Look at the importance of summarising effectively as a key skill for assignment writing. Students to write summaries of news stories – visual clips and newspaper articles.	<ul style="list-style-type: none"> • Communication • Thinking 	<ul style="list-style-type: none"> • Literacy • IT • Critical thinking
5	<i>Staying Safe Online</i>	EXTRERNAL SPEAKER: Introduce students to the concept of e-safety, students will explore a range of scenarios and look at the legal aspects.	<ul style="list-style-type: none"> • Relating to Others • Applied – Wider World • Thinking • Emotional Intelligence 	<ul style="list-style-type: none"> • IT • E-safety
6	<i>British Values</i>	Students will complete a range of exploration tasks around the topics of democracy, the rule of law, individual liberty and mutual respect and tolerance of those with different faiths.	<ul style="list-style-type: none"> • Relating to Others • Applied – Wider World • Thinking • Emotional Intelligence 	<ul style="list-style-type: none"> • British Values – all • Discussion
7	<i>Prevent</i>	Students will explore the topics of extremism, forced marriage, female genital mutilation and other linked topics. They will be advised of organisations that support with these issues.	<ul style="list-style-type: none"> • Communication • Applied – Wider World • Thinking • Emotional Intelligence 	<ul style="list-style-type: none"> • British Values – tolerance, mutual respect • Discussion
7	<i>Speaking and Listening</i>	Verbal communication activities including 'Yes and No' game and 'Just a Minute'.	<ul style="list-style-type: none"> • Communication • Relating to Others 	<ul style="list-style-type: none"> • Literacy

		Discussed about barriers to communication and overcoming confidence issues.	<ul style="list-style-type: none"> • Emotional Intelligence 	
7			<ul style="list-style-type: none"> • 	•

TERM 1.2

Week/ Date	Topic	Content / Activities	CREATE Links	PSHE / Key Skills Development
1	<i>Debating</i>	Students learn about the key communication skills needed to debate effectively. They will be given a current affairs topic to prepare an argument for and participate in a debate.	<ul style="list-style-type: none"> • Communication • Relating to Other • Thinking 	<ul style="list-style-type: none"> • Discussion • Team work • Positive behaviour • Critical thinking
2	<i>Passive, Assertive and Aggressive Behaviour</i>	Students discuss responses to a range of scenarios. Students learn about the difference between passive, assertive and aggressive behaviour and link these to the Applied contexts.	<ul style="list-style-type: none"> • Relating to Others • Applied • Emotional Intelligence 	<ul style="list-style-type: none"> • Discussion • Team work • Positive behaviour
3	<i>Group Activity</i>	Students will work in groups to complete a 'survival' scenario activity. They will also be required to assess the skills needed to effectively work in a team.	<ul style="list-style-type: none"> • Communication • Relating to Others • Enterprise • Thinking 	<ul style="list-style-type: none"> • Discussion • Team work • Problem solving
4	<i>Identity</i>	Students will learn that a key aspect of working together is recognising strengths and potential in others. (Use Equality Human Rights resource – Lesson 3 Identity).	<ul style="list-style-type: none"> • Relating to Others • Thinking • Emotional Intelligence 	<ul style="list-style-type: none"> • Self-awareness • Equality and diversity • British Values – mutual respect, tolerance
5	<i>My Identity</i>	Following on from last session, students will complete a mini-project with the driving question 'What makes me who I am?'	<ul style="list-style-type: none"> • Relating to Others • Enterprise • Thinking • Emotional Intelligence 	<ul style="list-style-type: none"> • Self-awareness • Reflection • Equality and diversity • Literacy
6	<i>Equal Opportunities</i>	Exploring the concept of equal opportunities and relating to people from a wide range of backgrounds. Students will learn about anti-discrimination laws and inclusive practice.	<ul style="list-style-type: none"> • Relating to Others • Thinking • Emotional Intelligence 	<ul style="list-style-type: none"> • Equality and diversity • British Values – mutual respect, tolerance, rule of law

7	<i>End of Term Review</i>	Students will reflect on their strengths and weaknesses, and hopes/plans for next term, to be added to the Reflection Tree.	<ul style="list-style-type: none"> Emotional Intelligence 	<ul style="list-style-type: none"> Self-awareness Reflection
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TERM 2.1

Week/ Date	Topic	Content / Activities	CREATE Links	PSHE / Key Skills Development
A1	Drug Awareness		<ul style="list-style-type: none"> 	<ul style="list-style-type: none">
1	<i>Career Planning</i>	Focus on career planning for progression, students will explore their career ideas through skills assessments and create a National Careers Service profile.	<ul style="list-style-type: none"> Enterprise Applied Thinking Emotional Intelligence 	<ul style="list-style-type: none"> IT Self-awareness Employability Literacy
2	<i>CV Building</i>	Students will learn about the features of a good CV and produce their own CV.	<ul style="list-style-type: none"> Enterprise Applied Thinking 	<ul style="list-style-type: none"> Employability Literacy
3	<i>Progression Options</i>	Explore the two main progression routes – university and higher level apprenticeships. Students will complete research in order to find out their options.	<ul style="list-style-type: none"> Enterprise Applied Thinking 	<ul style="list-style-type: none"> IT Goal setting Employability
4	<i>What is entrepreneurship? Enterprise & the Wavemaker Project</i>	Students will learn about the skills and qualities needed to be an entrepreneur. The launch of the Wavemaker Project and the Mystery Box.	<ul style="list-style-type: none"> Relating to Others Enterprise Applied 	<ul style="list-style-type: none"> IT Teamwork Employability
5	<i>Business Project</i>	Focus on exploring the different aspects of business, with students devising their dream business idea.	<ul style="list-style-type: none"> Communication Enterprise Applied Thinking 	<ul style="list-style-type: none"> IT Employability Financial awareness Literacy
6	<i>Business Project</i>	Students will present their 'dream business' to each other, and peer assess the CREATE skills shown.	<ul style="list-style-type: none"> Communication Enterprise Applied Thinking 	<ul style="list-style-type: none"> IT Employability Financial awareness Literacy

TERM 2.2

Week/ Date	Topic	Content / Activities	CREATE Links	PSHE / Key Skills Development
1	<i>Memory</i>	Explore the concept of how our brains and memories work using BBC Brainsmart resources.	<ul style="list-style-type: none">• Communication• Applied• Thinking	<ul style="list-style-type: none">• Self-awareness• Problem solving
2	<i>Understanding the Issue</i>	Students will discuss the key processes needed to make a decision, and practice these steps through the use of logic and moral problems.	<ul style="list-style-type: none">• Communication• Applied• Thinking	<ul style="list-style-type: none">• Problem solving• Critical thinking
3	<i>Research</i>	Discussion about effective research skills and the validity of sources. Students will complete a research task – ‘Humans Not Robots’ memory pack.	<ul style="list-style-type: none">• Communication• Enterprise• Applied• Thinking	<ul style="list-style-type: none">• Literacy• Critical thinking• IT
4	<i>Research</i>	Students will complete their research task.	<ul style="list-style-type: none">• Communication• Enterprise• Applied• Thinking	<ul style="list-style-type: none">• Literacy• Critical thinking• IT
5	<i>End of Term Review</i>	Students will reflect on their strengths and weaknesses, and hopes/plans for next term, to be added to the Reflection Tree.	<ul style="list-style-type: none">• Emotional Intelligence	<ul style="list-style-type: none">• Self-awareness• Reflection

TERM 3.1

Week/ Date	Topic	Content / Activities	CREATE Links	PSHE / Key Skills Development
1	<i>Applied Contexts: Work and Employment</i>	A discussion about difficulties students may face when they enter the workplace. Students will consider a range of scenarios and identify ways of handling each situation.	<ul style="list-style-type: none"> • Communication • Relating to Others • Applied 	<ul style="list-style-type: none"> • Discussion • Positive behaviour • Employability
2	<i>Applied Contexts: Family and Relationships</i>	External speaker will talk to students about sexual health.	<ul style="list-style-type: none"> • Communication • Applied • Emotional Intelligence 	<ul style="list-style-type: none"> • Safety • Health
3	<i>Applied Contexts: Family and Relationships</i>	External speaker to talk to students about mental health, looking at why some people stigmatise mental health issues and how this can be overcome.	<ul style="list-style-type: none"> • Communication • Applied • Emotional Intelligence 	<ul style="list-style-type: none"> • Health • Self-awareness • Equality and diversity
4	<i>Applied Contexts: Local Community</i>	Exploring the positive and negative aspects of the local area, and looking at ways to improve the local community.	<ul style="list-style-type: none"> • Communication • Relating to Others • Applied 	<ul style="list-style-type: none"> • Communication • Positive behaviour
5	<i>Applied Contexts: Wider World</i>	Students will research a news story and find two different sides to the story, using thinking processes and logic skills.	<ul style="list-style-type: none"> • Communication • Applied • Thinking 	<ul style="list-style-type: none"> • Critical thinking • Communication • Literacy
6	<i>Applied Contexts: Wider World</i>	Students will explore the topic of democracy by looking at the UK government compared to governments around the world.	<ul style="list-style-type: none"> • Applied • Thinking 	<ul style="list-style-type: none"> • Discussion • British Values - democracy
7	<i>Applied Contexts: Wider World</i>	Students will explore the social effects of alcohol and drug use.	<ul style="list-style-type: none"> • Applied • Thinking 	<ul style="list-style-type: none"> • Health • Safety

TERM 3.2

Week/ Date	Topic	Content / Activities	CREATE Links	PSHE / Key Skills Development
1	<i>Mindfulness</i>	Students will be introduced to the topic of mindfulness to help them understand themselves and their motivations. They will complete a range of mindfulness activities.	<ul style="list-style-type: none"> • Relating to Others • Thinking • Emotional Intelligence 	<ul style="list-style-type: none"> • Self-awareness • Reflection
2	<i>Understanding and Managing Myself</i>	Discussed based session about difficult situations and how to cope with them. Students will look at case studies and suggest positive ways of handling the situations.	<ul style="list-style-type: none"> • Relating to Others • Thinking • Emotional Intelligence 	<ul style="list-style-type: none"> • Self-awareness • Reflection • Positive behaviour
3	<i>Understanding and Managing Others</i>	Students will watch clips of 'The Apprentice' (and other business TV clips as appropriate) in order to explore how to lead and manage others.	<ul style="list-style-type: none"> • Communication • Relating to Others • Emotional Intelligence 	<ul style="list-style-type: none"> • Team work • Employability
4	<i>Kindness</i>	Using the 'Art on the Underground' project, students will consider what it means to be kind and decide on 'random acts of kindness' that they can carry out.	<ul style="list-style-type: none"> • Communication • Thinking • Emotional Intelligence 	<ul style="list-style-type: none"> • Self-awareness • Positive behaviour
5	<i>Kindness Dilemmas</i>	Students will discuss a range of moral dilemmas linked to kindness, and debate the different responses that people may have to the situations.	<ul style="list-style-type: none"> • Communication • Relating to Others • Emotional Intelligence 	<ul style="list-style-type: none"> • Self-awareness • Positive behaviour
6	<i>End of Year Review</i>	Students will reflect on their strengths and weaknesses, and hopes/plans for next year, to be added to the Reflection Tree.	<ul style="list-style-type: none"> • Emotional Intelligence 	<ul style="list-style-type: none"> • Reflection • Self-awareness